## **Better Learning at School Project**

Dear Parent or Caretaker,

If you are a designated caretaker of a child, references to your "child" will apply to you as well.

Your child is being asked to be a participant in a study. Two different approaches to creating a calm learning environment will be explored at two different schools. The approach at your child's school is intended to gather information about the use of an art-activity of free drawing with colored pencils which could help to relax your child and potentially increase your child's ability to focus on schoolwork and learn. At the study's finish, if the improvement in one school classroom, significantly surpasses the improvement is the other school's classroom, all teachers who wish to participate will be given the opportunity to be trained to conduct the more effective treatment in their classrooms for the following semesters.

The study which will take place throughout the spring semester every school day morning, at a teacher appointed time.

In your child's classroom the children will take part in a ten-minute teacher-led group exercise each school-day-morning at a teacher-designated time. Your child will be asked to draw whatever your child feels like drawing with provided art paper and colored pencils. The children WILL NOT be invited to talk about their drawings and their drawings will be kept in individual folders. They will not be examined or commented on by the teacher or artist. The art that children which to keep the can place in an art folder which will not be evaluated in any way. This exercise will take no longer than 10 minutes each day.

Additionally, both you and your child will be assessed on three occasions by graduate student from the Universidad Intercultural Indigena de Michoacan (UIIM). The first assessment will take place at the beginning of the school semester, the second assessment will be six-weeks later, and the third will take place at the end of the semester. You and your child will be answering on a tablet, and no one will have access to the questions and answers except the statistician, and the statistician will see only numbers representing your child. No one else at the University or anywhere will ever see your or your child's questions and answers. As the child's parent or caretaker, we would appreciate your participate this will be okay. If you do also participate, your questions will be limited to questions about your child and not about you. What you see may be helpful.

You will be able to withdraw your child from participating in this study at any time without needing to give a reason. To withdraw your child from the study, you will simply need to notify your child's teacher who will notify Lic. Leonor Zarazua Menchaca. Your child's teacher will be given a form with which to do this.

The possible benefits to your child as a result of participating in this study, may be a reduction in stress, and improved grades. The risks might be that your child may think about difficult things while doing the art-activity or during the assessment and temporarily feel some emotional upset.

By signing this form and completing the information below, you are consenting to have your child take part in this study.

\_\_\_\_\_

\*Childs name

Child's date of birth

Parent or guardian's signature

Parent or Guardian's contact information.

\*Phone: \_\_\_\_\_\_

\*Email: \_\_\_\_\_

\*Address:

\*Note: This information will be kept in locked file cabinet at university